



### THE COMMON PROBLEM :

The answer is underage drinking. Students across campuses worldwide participate in college drinking. This can be more common to those involved with Greek life or plan to ever be involved with Greek life. Not only is it a problem for underage students but for dry campuses such as Bloomsburg University where students choose to ignore authority, rules and restrictions given to them when first coming here. To resist your temptation you can find some tips to help yourself resist the urge to participate in underage drinking on the next slide.

## Tips to expand your college experience:

**Stay on campus as much as possible.** Even though Bloomsburg is a beautiful town, leaving campus can lead you to multiple party known areas.

Choose your friends wisely. Remember you are here for an education and you don't want anyone to distract you from your goal.

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**Keep yourself busy.** There are hundreds of student organizations clubs, activities, gym, work and intermural sports you can do ON campus.

**Find guidance.** Even though this seems cliché, and you just left high school where guidance counselors call you down every 5 minutes to see how you're doing. There are people here to help guide you through



## COLLEGE DRINKING

*Don't be another statistic.*



COLLEGE DRINKING

**Is this how you've defined  
your college experience?**



## Safety Tips?

What is it and how you can  
prevent yourself from drinking it.

It's no question that students will  
continue to drink on and off  
campuses worldwide. But how can  
you drink safely?

- Avoid Jungle Juice
- Designate a sober driver
- Never leave drinks  
unattended
- Pace Yourself (avoid  
drinking games)

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*"Don't let those who are  
involved with drinking peer  
pressure you to do anything  
you don't want to do"*

*"Believe in yourself"*

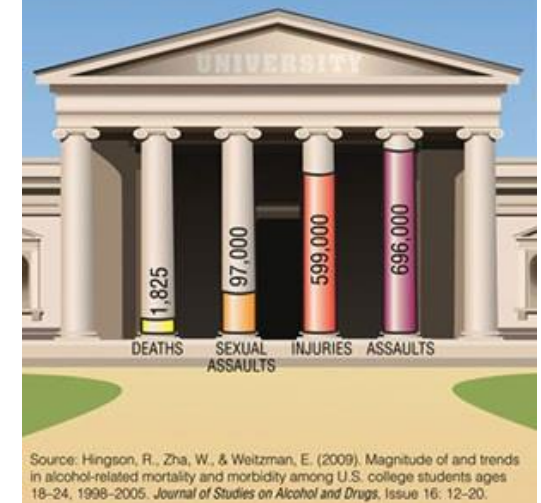
*"Always go out with a group of  
other people it's never fun to  
drink alone due to your  
altered mindset"*

*"Always let someone know  
where you're going"*

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**student  
advice**

## Consequences of High-risk College Drinking



## STATISTICS:

**1,825 college students between  
the ages of 18 and 24 die each year  
from alcohol-related un  
intentional injuries.  
(niaaa.nih.gov)**

**More than 690,000 students  
between the ages of 18 and 24 are  
assaulted by another student who  
has been drinking. (niaaa.nih.gov)**